

## Developmental and Social-Emotional Screener Complete: Now What?

Using ASQ™ Screening Results to Inform Daily Practices and Strategies in the Classroom

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- Review general behavior expectations for young children
- 2. Review the importance of screening efforts in ECE settings and best practices.
- Identify best practices for monitoring child development
- 4. Effective ways to partner with family to assess development
- 5. Provide other resources that could be utilized





## What is "Developmentally Appropriate Behavior"?

Provide an example of a behavior that is developmentally appropriate for a:

- 2-year-old?
- 4-year-old?





## Behavioral Expectations 12-24 Months

Give an example of "typical" behavior for each developmental area:

Communication?

Social/Emotional?





## Behavioral Expectations 24-36 Months

Give an example of "typical" behavior for each developmental area:

Communication?

Social/Emotional?





## Behavioral Expectations 36-48 Months

Give an example of "typical" behavior for each developmental area:

Communication?

Social/Emotional?





## Review of Developmental ASQ Screening





## The Importance of ASQ Developmental and SE Screening:

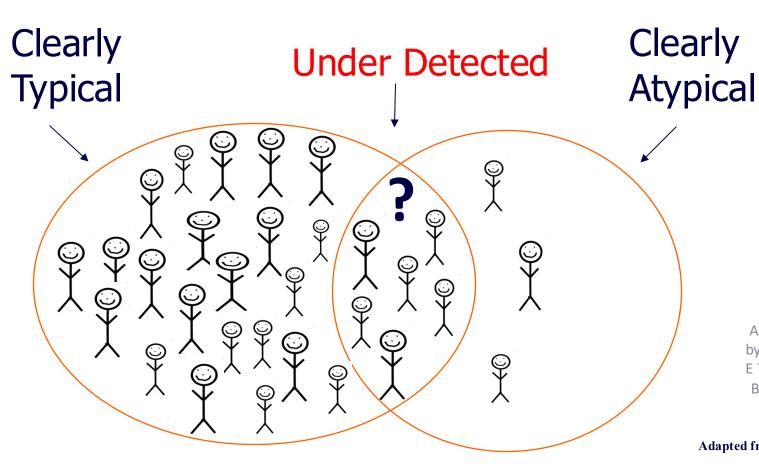
#### Screening can:

- identify children who are developing on schedule.
- identify children who would benefit from practice or support in specific areas.
- identify children at risk for developmental delays who should be referred for further evaluation.



Our eyes are not sensitive

To prevent us from missing children



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Adapted from Macias, M. (2006) D-PIP Training Workshop



General program tips for screening implementation

- Set up routine screening procedures
- Communicate screening results with new teachers during classroom transitions
- Schedule follow-up screening plans when concerns arise





## The Developmental areas of the ASQ-3<sup>™</sup>

#### Communication

 This refers to children's language skills and includes what they can say and what they can understand.

#### **Gross Motor**

 This refers to children's use and coordination of larger muscles, like arms and legs when they move and play.

#### Fine Motor

 This refers to children's movement and coordination of smaller muscles, like hands and fingers.

#### **Problem Solving**

 This refers to children's thinking and learning skills (pre-academic skills).

#### Personal-Social

 This refers to children's selfhelp skills and interactions with others.



### The 7 Behavioral Areas of the ASQ-SE:2<sup>™</sup>

#### Autonomy

 A child's ability or willingness to self-initiate or respond without guidance (i.e., moving to independence).

#### Compliance

- A child's ability or willingness to conform to
   the direction of
- the direction of others and follow rules.

### Adaptive Functioning

 A child's success or ability to cope with physiological needs (e.g., sleeping, eating, elimination, safety).

#### Self-Regulation

 A child's ability or willingness to calm or settle down or adjust to physiological or environmental conditions or stimulation.

#### Affect

 A child's ability or willingness to demonstrate his or her own feelings and empathy for others.

#### Interaction

 A child's ability or willingness to respond or to initiate social responses to parents, other adults, and peers.

### Social Communication

A child's ability
 of willingness
 to interact with
 others by
 responding to
 or initiating
 verbal or
 nonverbal
 signals to
 indicate
 interests or
 needs, feelings,
 and affective or
 internal states.



## The Benefits of Using Both Tools



- A strong social-emotional foundation is key to health, well-being, and ability to learn in school.
- There's a relationship between behavior and development.
- Social-emotional screening paired with a developmental screen provides a more thorough picture.
- When new behaviors occur or existing behaviors increase, a repeat screen may give some insight.



## Behaviors that can be challenging (4-5 year-old)

Wants to play, Insatiable Bathroom Very Active stormy Curiosity language relationships Aggression with Imitation of Extreme swings **Testing** peers, learning (bossy then shy) adults boundaries to share Blames others Developing Wants to be Clingy some feelings for own right of insecurity wrongdoing

What others would you add to the list?



## Is The Behavior Typical?

Behavior	Typical Age Range	When to Consult with Others
Temper Tantrums	18 months to 4 years	Tantrums continue past preschool; increase in frequency or the behavior is unsafe
Inability to share	Age 1-4 years	Is not limited to special items; shows no improvement in preschool
Bossiness or Bullying	Age 4-8 years	Shows no empathy; hurts others without cause; behavior is unsafe



## When screening with ASQ™ Tools, keep in mind:

- Screening at the right time of day
- Consider time knowing the child
- Collaborating with consistent classroom staff when completing
- The big picture: just a snapshot of development





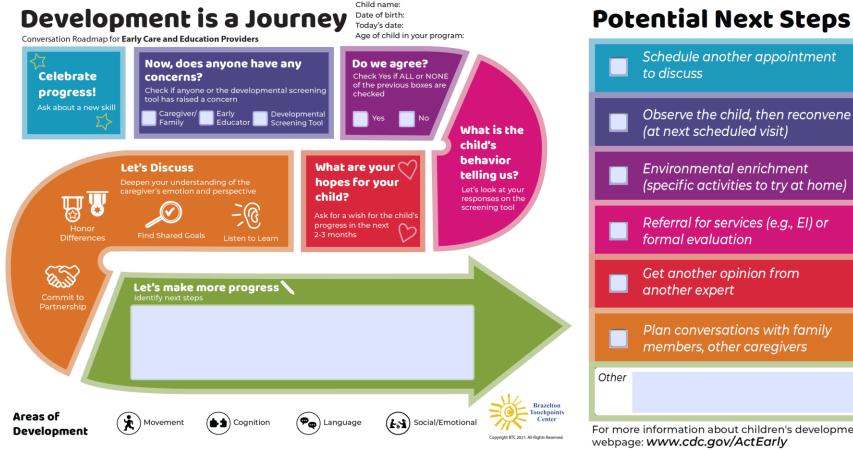
## Our Focus Today: The "Gray" area?

In other words, scores do not indicate referral, but there are opportunities to target some skill development

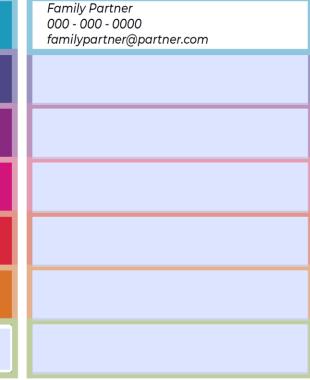




## Developing a plan



#### **Potential Next Steps** Resources



For more information about children's development, visit the CDC's Learn the Signs. Act Early. webpage: www.cdc.gov/ActEarly



## Using Screening Tools in Partnership With Families



- Communicating screening results in a timely manner with families.
- Have the family complete the screening tool to gain a more complete picture of the child in all environments.
- Set up a partnership meeting with the family to identify any goals, strategies, and future steps.



## When Sharing Results with Families:

- Screening results should be shared in a positive, supportive, and nonjudgmental manner (strength-based).
- Think ahead about the language you will use in a meeting.
- Have any resources available to share with family.
- Decide on a follow-up plan for ongoing communication.

#### Strengths-Based Attitudes

- All families have strengths.
- Families are the first and most important teachers of their children.
- Families are our partners with a critical role in their child's development.
- Families have expertise about their child and family.
- Families' contributions are important and valuable.



## Why Parent Report?

- Parents are highly reliable when reporting on their child's development (Dinnebeil & Rule 1994)
- ASQ-3 research found 93% agreement between parents and professionals
- Many other studies agree that parents are reliable reporters
- Parents ARE the experts on their child!

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# ASQ<sup>TM</sup> Conversation Support Resources:

## Sharing Screening Results with Families

It's important to always share ASQ\*-3 results—parents will be interested in learning about their child's development. You should prepare carefully for these discussions, especially when you will be sharing results that identify a child as needing further assessment. Use these practical tips to help you discuss ASQ-3 results with families.

#### Be timely

Provide screening follow-up information as quickly as you can.

#### Show you value confidentiality

Be sure the setting for your conversation is private and assure parents that the conversation is confidential.

#### Use the ASQ-3™ Parent Conference sheet

This will help you organize your thoughts and take notes during the conversation or parent conference (the conference sheet is included in the Developmental Screening Toolkit or ASQ-3™ Starter Kit)-

#### Restate the purpose of screening

Remind parents that screening is a check of their child's development. ASQ-3 only shows that their child may need further assessment and does not diagnose their child.

#### Listen to the family

Give parents an opportunity to express their perceptions of their child. Be open to new ideas and viewpoints.

#### Highlight the positives

Review the results, emphasizing the child's strengths. Also focus on parents' current skills and resources.

#### Explain the child's results

Be precise—Use language such as well above cutoffs, close to cutoffs, and below cutoffs when explaining the child's scores.

#### Be sensitive and positive

Avoid using terms like fail, normal, or abnormal.

#### Talk about next steps of development

If the child's development is on track, talk with parents about what skills to expect next. Provide learning activities that they can try at home. Let them know they'll have an opportunity to look again (programs are encouraged to complete another screening for children in 6-12 months).

#### Talk about outside influences

Discuss anything that may have affected the child's scores. This could include opportunity to try the skills, the child's health history, or specific cultural or environmental factors.

#### Examine togethe

Discuss concerns, and provide specific, objective examples of children's development whenever possible

#### Offer guidance

Provide information about child development and activities to try at home. If a child's score is below the cutoff or if the parent has concerns, provide information about community resources and referral options.

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#### **Sharing Screening Results**

It's important to always share ASQ®:SE-2 results—parents will be interested in learning about their child's social-emotional development. Use these practical tips to prepare carefully for these discussions, especially when you will be sharing results that indicate a child needs further assessment.

#### Be timely.

Provide screening follow-up information as quickly as you can.

#### Show you value confidentiality.

Be sure the setting for your conversation is private and assure parents that what you share is confidential.

#### Use the ASQ:SE-2 Parent Conference Sheet.

This sheet will help you organize your thoughts and take notes during the conversation or parent conference. (The sheet is included in the ASQ:SE-2 Starter Kit and the Social-Emotional Screening Toolkit.)

#### Restate the purpose of screening.

Remind parents that screening is a check of their child's social-emotional development. ASQ:SE-2 only shows that their child may need further assessment and does not diagnose their child.

#### Listen to the family

Give parents an opportunity to express their perceptions of their child. Be open to new ideas and viewpoints.

#### Highlight the positives

Review the ASQ:SE-2 results, emphasizing the child's social-emotional strengths. (Hint: All items with a score of 0 points are strengths for the child.) Also focus on parents' current skills and resources.

#### Explain the child's results.

Be precise—use language such as well above the cutoff, close to the cutoff, and below the cutoff when explaining the child's scores

#### Be sensitive and positive.

Avoid using terms like fail, normal, or abnormal.

#### Talk about outside influences.

Discuss anything that may have affected the child's scores. This could include the child's health history or specific cultural or environmental factors.

#### Examine concerns together.

Discuss concerns, and provide specific, objective examples of children's social-emotional development whenever possible.

#### Talk about next steps in social-emotional development.

If the child's social-emotional development is on track, talk with parents about what skills and behaviors to expect next. Provide learning activities that parents can try at home. Let them know they'll have an opportunity to discuss their child's development again in the future. (Rescreen in 6-12 months if possible.)

#### Offer guidar

Provide information about social-emotional development. If a child's score is above the cutoff or if the parent has concerns, provide information about community resources and referral options.

Adapted from ASQ:SE-2™ User's Guide by Jane Squires, Ph.D., Diane Bricker, Ph.D., & Elizabeth Twombly, M.S.

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## CDC Act Early Conversation Support Resources

#### Tips for Talking with Parents about Developmental Concerns



TIPS	EXAMPLES
Always:	
Talk about development regularly Talk with parents regularly about their child's development – not only at times of concern – and provide them with resources so they can track milestones at home.	I am so happy to be Taylor's new teacher! I care a lot about making sure all my children are on track in terms of how they play, learn, speak, act, and move for their age, so I will be looking for and tracking Taylor's developmental milestones and sharing his progress with you regularly. It would be great if you would look for milestones at home, too, and let me know what you're seeing as well. I have some free milestone checklists that can help.
Share resources  Encourage families to use <u>milestone checklists</u> or the <u>Milestone Moments booklet</u> to monitor their child's development at home. Find these free resources here: <u>www.cdc.gov/Milestones</u>	A great way to monitor Taylor's developmental milestones is with these checklists. They can help you understand typical milestones he should be reaching for his age and those to look for as he gets older. You can place them on the refrigerator for quick and easy reference throughout the day.
Use good listening skills  Listen closely, make eye contact, nod when appropriate, and be silent when the parent is speaking a Repeat the parent's main points when you respond so he or she will know you heard and understood  Consider how the parent feels about what he or she is saying  Watch and listen closely for clues to those feelings and acknowledge them when you respond  Probe for more information when necessary	It sounds like you are pretty worried and I hear you saying that you do not hear Taylor speak clearly at home. Is that correct?  Let's talk about what you have noticed at home. Can you describe specific situations?  Is there anything else about Taylor's development you'd like to talk about?
When you have concerns to share:	
Highlight the child's strengths  Let the parent know what the child does well and the milestones he or she is meeting Keep the conversation positive	We love having Taylor in class. He follows the classroom rules and really loves to sing, dance, and act during our circle time.
Make sure you are well prepared  Invest time in building meaningful relationships with the parents and discuss developmental progress regularly  Complete a milestone checklist for the child's age to help the parent know that you are basing your comments on facts and not just feelings	Since our last meeting, I have noticed a few things about Taylor that I would like to discuss with you. I've been completing a milestone checklist for him, like I do for all the children, and I see he is meeting his cognitive milestones very well. However, he is not meeting a few of his language/communication milestones. For one, I have noticed that Taylor doesn't speak clearly enough for most people to understand. As you can see on the checklist, a five-year-old typically speaks clearly.
Encourage the parent to share any concerns with the child's doctor  Remember it's not your role to make or even suggest a diagnosis  Remind parents of the importance of acting early on concerns	There might not be anything to be concerned about, but I do think it's important to talk to Taylor's doctor about this in the next few weeks to be sure. Take this checklist with you when you go, share it, and ask the doctor for a developmental screening. This will help the doctor and you to know whether Taylor might need a little extra help. Getting help early can make a big difference! Let me know if you need anything from me for that doctor's appointment.
Follow-up with the family in a few weeks	Thank you for taking time to meet with me again. I know the last time we



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talked about Taylor's development, we were concerned about his language skills. Have you been able to talk with Taylor's doctor about this?

filestone Tracker App

Learn the Signs. Act Early.

#### Tips for Talking with Parents about Developmental Concerns

#### How to Respond

#### If parents disagree with you about their child's behavior or abilities

Try: Sometimes children behave differently at home than they do at school. I'm only able to share with you what I've seen in the classroom. How does Taylor act when he's around other children in the neighborhood?

#### If a parent gets angry or upset

Try: I understand that you are upset. Like you, I want what's best for Taylor. That's why it's so important for me to share with you what I am seeing. If he does need some extra help, I want him to have the opportunity to get it as soon as possible. Do you want to discuss your questions and concerns now, or would you rather think about this a little more and meet again (in a couple of days, next week, etc.)?

(If the parent hasn't already been given a milestone checklist, give one and suggest that he or she fill it out

#### If a parent reports that the doctor said to wait and see

Try: While it's true that every child develops at his or her own pace, there are certain milestones we typically see from most children by Taylor's age. If you are concerned, you can reach out to early intervention directly to see if Taylor qualifies for help through free or low-cost services. You don't need a doctor's referral. Acting early may make a real difference for Taylor, so it's better to find out for sure. If his development is delayed enough to qualify for help, you can get those services started right away and then follow-up with the doctor.

#### Be Mindful of Cultural Differences

Not all cultures place the same emphasis on particular developmental milestones. When communicating with families, be aware of your own cultural biases in making decisions about how to communicate with families.

#### **Additional Resources**

- For a FREE 1-hour online training about developmental monitoring and communicating with parents, including videos of sample conversations (Module 4) visit www.cdc.gov/WatchMeTraining
- For tips on why and how to use Learn the Signs. Act Early. materials in your classroom and to access free materials
- Share the How to Help Your Child and How to Talk with the Doctor tip sheets with parents: www.cdc.gov/Concerned

1-800-CDC-INFO (1-800-232-4636)





www.cdc.gov/ActEarly



## A Team Approach to Supporting Development:

- Identify areas of opportunity to reinforce
- Label activities that can be done at school and at home
- Use ASQ resources to guide activities
- Make a plan for monitoring/tracking progress







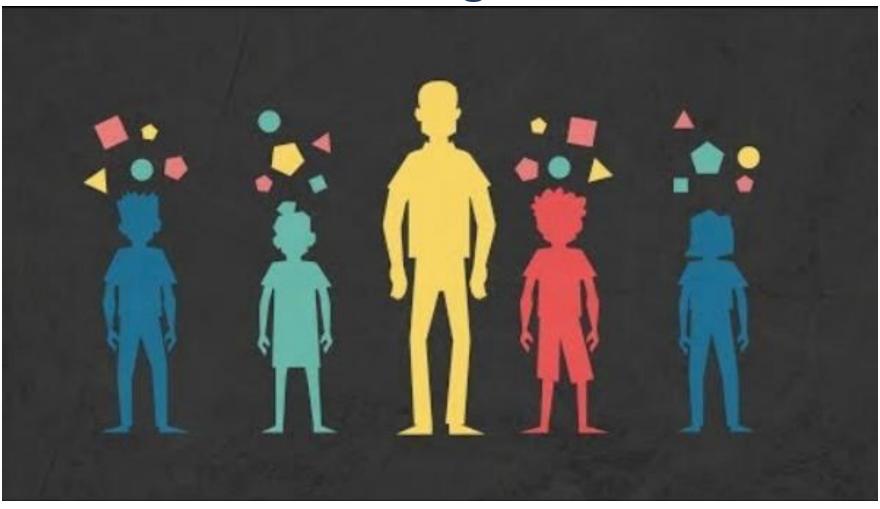
## Building a Plan of Action:

- Determine developmental areas that will be addressed based on screening results
- Set child-specific and developmentally appropriate goals.
- Determine how to incorporate individualized goals within the child's daily activities
- Identify how you will best track your child's progress
- Ensure both staff and families agree on a plan





## Differentiating Instruction





## Creating a Responsive Learning Environment





## Creating a Responsive Learning Environment:



- Adapting the Physical Environment
- Differentiating Instruction
- Group children more intentionally based on developmental levels
- Incorporate supportive group activities that foster a positive classroom culture



## Building Skills Through Everyday Interactions:

0

## Find the "Why" (Your child...)

- ► Why might my child be doing this?
- This section provides ideas that will assist caregivers in thinking about what the child may be communicating through challenging behavior. The strategies that are recommended require determining the "why" of behavior as it occurs in the routine.

2

## Prevent the Behavior

- What can I do to prevent the challenging behavior?
- ► This section provides prevention strategies that will help the child participate in the routine without having challenging behavior.

3

#### **Respond**

- How do I respond when challenging behavior occurs?
- This section provides the caregiver with ideas on how they can respond in a way that does not maintain the problem behavior (or keep the behavior happening).

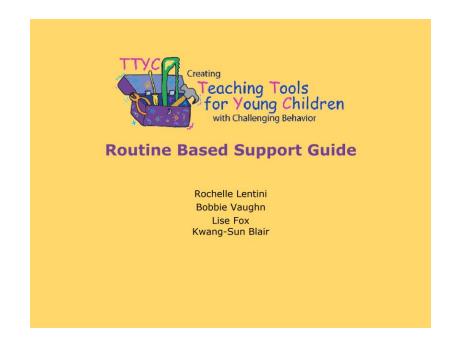


#### **Teach New Skills**

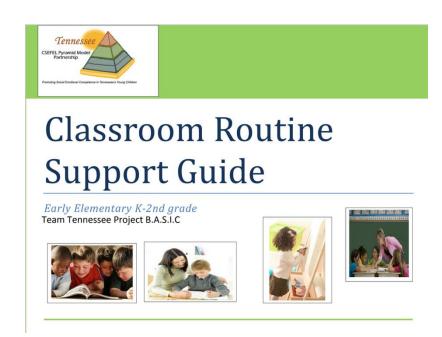
- ➤ What new skills can I teach to replace the challenging behavior?
- This section suggests new skills to teach to replace the challenging behavior. Many of the strategies mentioned in the guide are quick and easy to implement.



## Additional Helpful Resources for Routines:



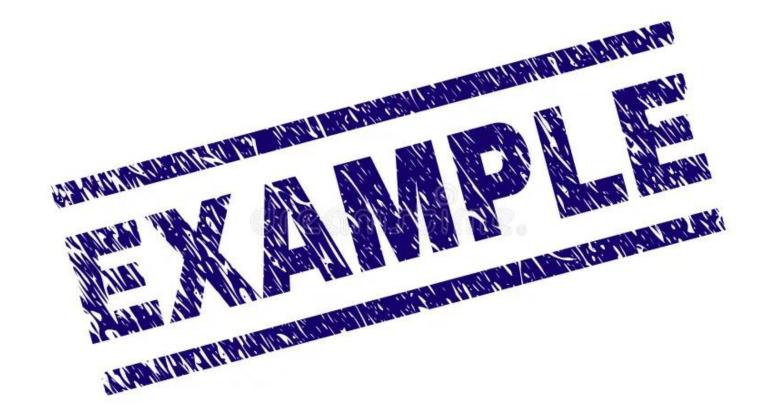
<u>Teaching Tools - National Center for Pyramid Model</u> <u>Innovations</u>



Classroom Routine Support Guide



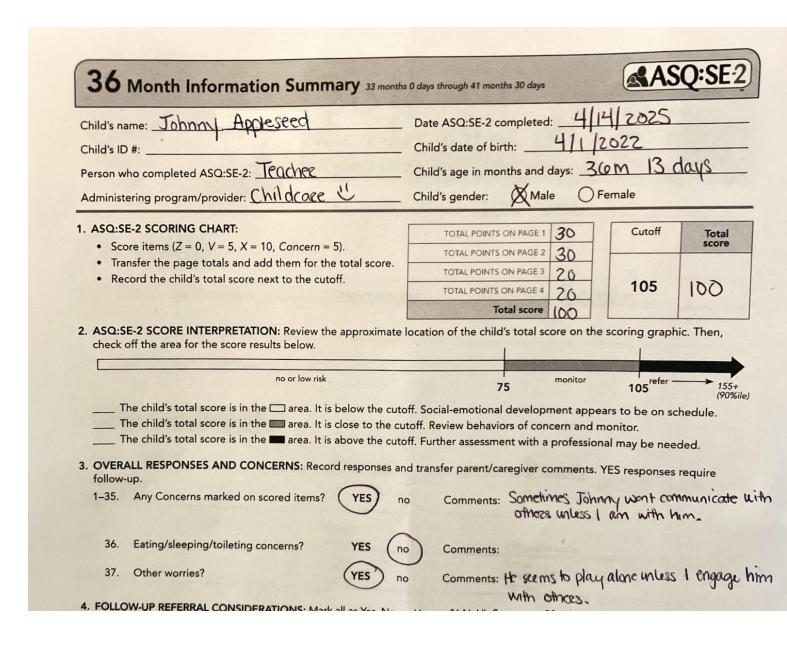
## Using Results to Inform Daily Classroom Practices





## Case Example-Johnny Appleseed

- Where does his score fall on the continuum?
- What are the concerns identified?
- What else might you want to know?





## Using the Follow Up Sections to guide your process

	WILL OILOGS.
4. FOL	LOW-UP REFERRAL CONSIDERATIONS: Mark all as Yes, No, or Unsure (Y, N, U). See pages 98–103 in the ASQ:SE-2 User's Guide.  Setting/time factors (e.g., Is the child's behavior the same at home as at school?)
	Developmental factors (e.g., Is the child's behavior related to a developmental stage or delay?)
	Health factors (e.g., Is the child's behavior related to health or biological factors?)
	Family/cultural factors (e.g., Is the child's behavior acceptable given the child's cultural or family context? Have there been any stressful events in the child's life recently?)
	Parent concerns (e.g., Did the parent/caregiver express any concerns about the child's behavior?)
5. FOI	LOW-UP ACTION: Check all that apply.
	Provide activities and rescreen in months.
_	Share results with primary health care provider.
<u> </u>	Provide parent education materials.
_	Provide information about available parenting classes or support groups.
-	Have another caregiver complete ASQ:SE-2. List caregiver here (e.g., grandparent, teacher):
	_ Administer developmental screening (e.g., ASQ-3).
_	Refer to early intervention/early childhood special education.
	Refer for social-emotional, behavioral, or mental health evaluation.



## How would you support Johnny's Social-Emotional Development?



Results showing social-emotional challenges (e.g., difficulty regulating emotions, forming peer relationships) can inform specific strategies like:

Integrating more structured playtime or group activities.

Using social stories or role-playing to teach emotional regulation and conflict resolution.

Modeling and reinforcing positive social behaviors throughout the day



## What strategies could you use to support Johnny's Language Development:



- Provide strategies for supporting children with language delays or developmental concerns (e.g., using visual aids, providing extended wait time for verbal responses, implementing peer-assisted learning).
- Recommend using open-ended questions, building vocabulary, and supporting fine motor skills with puzzles, drawing, and block-building activities.



## Being a More Reflective Teacher

What is working in my program?

What are the smoothest times of day for the children?

What are the most challenging times of day for the children?

What parts of my job challenge me the most?

Am I hearing repeated concerns from families, supervisors, or coworkers?

What skill or information would make my job easier?



How might teaching practices need to be adjusted based on screening results?



## Key Points to Remember

- Schedule a plan for rescreening.
- Checking in/partnering with families.
- Developing a plan of action that makes sense.
- Adjusting teaching/classroom practices.
- Celebrate successes
- Are there other supports you can utilize?
- Is there additional training that would be helpful?





### Additional Resources

### **IECMHC Newsletter**



## Signup for *Bright Start, Bright Kids, Bright Future--IECMHC* here:

www.pakeys.org/gettingstarted/about-us/newsletter-signup/





### **IECMHC Office Hours**

IECMH Consultants are available by appointment via telephone or video conference.

#### Find next steps for:

- Child Social-Emotional Concerns
- Child Behavioral or Developmental Concerns
- Emotional Well-being of Teachers and Caregivers
- Partnering with Families

The Pennsylvania Key **IECMHC Virtual Office Hours** Are you looking for support with: Helping a child who is struggling with behavior, attachment, peer relationships or emotion regulation? Helping teachers and families with self-care, stress, and coping, but not sure what to do next? IECMHC Virtual Office Hours is now accepting appointments for office hours throughout Pennsylvania! ECMH Consultants are available by appointment to provide IECMHC Virtual Office Hours consultation via telephone or video conference IECMHC Virtual Office Hours is a short-term, collaborative problem-solving conversation to help you find next steps for: Child Social-Emotional Concerns I Child Behavioral or Developmental Concerns Emotional Well-being of Teachers and Caregivers | Partnering with Families Who can request IECMHC Virtual Office Hours The Pennsylvania Key **IECMHC Virtual Office Hours** Are you looking for support with: Helping your child who is struggling with behavior, friendships, or managing their feelings? ng your child with challenging behavior in child care or t home, but not sure what to do next? and third Fridays of the month, or other days/times by request. To schedule a IECMH Consultants are available by appointment via telephone or video conference We can offer a listening ear and professional guidance to help you find next steps for Child Social-Emotional Concerns | Child Behavioral or Developmental Concerns Emotional Well-Being of Caregivers | Parent-Child Care Partnerships Services are available at no cost to parents, families, child care professionals, and specialists who work with caregivers of children from birth-5 (ex: Early Intervention, Mental or Behavioral Health, IECMH Consultation can help caregivers figure out what's really going on when a child has challenging behavior or social-emotional difficulties. Our consultants will help you problem-solv and identify how to respond to challenging behavior in a positive, nurturing way Figure out what your child is trying to communicate through their behavio Build your confidence and reduce your stress level · Encourage partnerships with other adults in your child's life · Consider your next steps and where to go from here To schedule an appointment, register here.

Appointments are held twice per month.



### **IECMHC** Resources

#### **IECMHC** Website

www.pakeys.org/iecmh

### **Request for Services Form**

https://s35729.pcdn.co/wp-content/uploads/2021/10/IEC
MHC-Request-for-ServicesFull-Application-fillable-rev10.11.21.pdf







### Questions?

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