

HELP KIDS EAT HEALTHIER SNACKS AND MOVE MORE.

Join this informational webinar: **The Pennsylvania Out-of-School Time (OST) Healthy Eating and Physical Activity (HEPA) Pilot Project** on February 6, 2025, 11 am to 12 pm.

The HEPA pilot project exists to support Out-Of School Programs to improve policies and practices to help kids eat healthier snacks and move more.

In this webinar, learn about the HEPA Project, including web-based asynchronous professional development events, resources and strategies through the Out-of-School Nutrition and Physical Activity Initiative (OSNAP), and technical assistance through the Pennsylvania Key and Department of Health.

Who should attend? Anyone who currently runs an Out of School time program for students in kindergarten – 8th grade. This includes administrators and program staff, DHS certified child care, 21 CCLC grantees, libraries, recreation programs, Boys and Girls Club, tutoring support etc.

This pilot project is free of cost and will be awarding up to \$750 in innovation awards.

If you are not able to attend at this date and time, register and the recording will be available and sent to you. Questions? Contact Betsy O. Saatman at betsaa@pakeys.org or 484-955-5909.

Register here for the Feb. 6 webinar:

https://bit.ly/4fJynFi or scan the QR Code





