

The Pennsylvania Key Infant-Early Childhood Mental Health Consultation (IECMHC) Program now offers a new service.

School Age Child Care (SACC) Mental Health Consultation

Are you a Keystone STARS program looking for support with:

- Helping children who are struggling with behavior, attachment, peer relationships or emotion regulation?
- Helping teachers and families with self-care, stress, and coping, but not sure what to do next?

SACC Mental Health Consultation is now accepting appointments for consultation throughout Pennsylvania!

A SACC Mental Health Consultant is available by appointment to provide assistance via telephone or video conference. SACC Mental Health Consultation is a problem-solving and collaborative approach to help develop goals and strategies for:

- Child Social-Emotional Concerns
- Child Behavioral or Developmental Concerns
- Emotional Well-being of Teachers and Caregivers
- Partnering with Families

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Who can request SACC Mental Health Consultation?

Services are available to child care professionals participating in Keystone STARS school age child care programs (like teachers, directors, and staff in center, group-based child care programs).

How can you request a SACC Mental Health Consultant appointment?

Appointments are held on Tuesdays, with the option to schedule follow up appointments based on individual needs.

To schedule an appointment with a SACC Mental Health Consultant, register <u>here</u>, or scan the QR Code.

