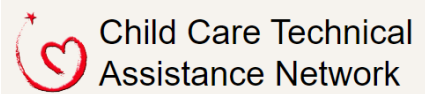


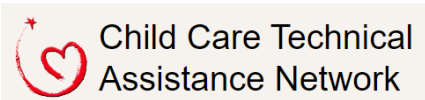
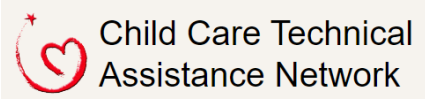
OCDEL Social Emotional Resources That You Can Access at Any Time

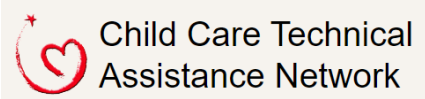
March 2024

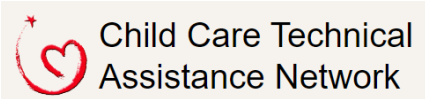
Title	Description and Location	Visual
Social Emotional Resources Available on the EITA Portal https://www.eita-pa.org/		
<p>Developmental Milestones</p>	<p>Adults often are frustrated by children's behavior because our expectations are beyond a child's developmental level. For searchable guidance about social skills by age, go to https://www.eita-pa.org/</p> <p>On the home page, scroll down and click on <i>Developmental Milestones</i> under <i>Highlighted Resources</i>.</p>	
<p>Pennsylvania Family Support Resources</p>	<p>Locate your local contact information for agencies that support families and children. Specifically, learn where families can go to access your Early Learning Resource Center, Infant Toddler Early Intervention Program, Preschool Early Intervention Program, and Family Support Organizations.</p> <p>Go to https://www.eita-pa.org/ Scroll down to <i>Highlighted Resources</i>. Click on <i>Pennsylvania Family Support Resources</i>.</p>	
<p>Bits About Behavior Principles</p>	<p>This collection of brief online interactions is intended to support knowledge and application of basic behavioral principles. In each topic, you will find definitions of common behavioral terms and/or processes and opportunities to practice applying these principles. Go to https://www.eita-pa.org/ Click on <i>Topics of Interest</i> on top of the page. Click on <i>Social Emotional</i>. Scroll down to <i>Bits About Behavior Principles</i>.</p>	

Title	Description and Location	Visual
<p>Reducing Suspension and Expulsion</p>	<p>OCDEL has created several resources designed to help early learning programs know who can help when a child's challenging behavior is not responding to developmentally appropriate guidance strategies. These resources are available on the PA Keys website and a link to them is also provided on the EITA portal. Go to https://www.eita-pa.org/ Scroll down to <i>Highlighted Initiatives</i> and click on <i>Social Emotional Development</i> > Click on <i>Learn More about Social Emotional Development</i> > Scroll down to <i>Reducing Expulsion and Suspension</i> and choose any of the 3 resources listed there.</p>	<p>Preventing Suspension and Expulsion in Pennsylvania Early Childhood Programs</p> <p>AN EARLY CHILDHOOD PROGRAM LEADER'S GUIDE PENNSYLVANIA OFFICE OF CHILD DEVELOPMENT AND EARLY LEARNING</p>
<p>Social Emotional Resources Provided By: Child Care State Capacity Building Center (SCBC) through Office of Child Care (OCC) Are also linked from the EITA Portal Social Emotional page</p>		
<p>Federal Resources to Support Social Emotional Development of Infants and Toddlers</p>	<p>Supporting Infant/Toddler Emotional Development Access published articles and reports, books, videos and presentations to support caregivers to develop infants' & toddlers' ability to express emotions; manage emotions; develop empathy; and identify, understand, and respond to emotions in a healthy manner. All of these resources are available at https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/infanttoddler-care-providers/emotional-development/topic-overview or easily access selected resources via the EITA Portal. https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and</i></p>	<p>Child Care Technical Assistance Network</p>

Title	Description and Location	Visual
	<p>Toddlers and choose resources for <i>Supporting Infant/Toddler Emotional Development</i>.</p> <p>Infant/Toddler Learning Suite Access resources to support infant and toddler childcare teachers and providers for information and guidance to support the social and emotional development and wellbeing of very young children and to support their families.</p> <p>Through this site you will find a collection of Infant Toddler Resources focused on Mental Health, Relationship-Based Care for Social & Emotional Development, Workforce Wellness and Trauma Responsiveness Care provided by the Child Care Technical Assistance Network. These resources are appropriate for infant/toddler administrators, staff, trainers, teachers, childcare providers, and adults.</p> <p>In this learning suite you will find on-demand learning opportunities (Microlearning by Topic), Recorded Webinars and Child Care Videos. All of these resources are available at https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/learning-suite or easily access selected resources via the EITA Portal.</p> <p>https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and Toddlers</i> and choose any of the featured resources listed there.</p>	

Title	Description and Location	Visual
	<p>Microlearning 1: Relationship-Based Care: Infant and Toddler Social Emotional Development Learn how to develop and strengthen relationships with infants/toddlers through infographics, articles, and recorded learning sessions.</p> <p>All of these resources are available at https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/learning-suite/micro-learning-bytopic/relationship-based-care or easily access selected resources via the EITA Portal.</p> <p>https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and Toddlers</i> and choose resources for <i>Relationship-Based Care: Infant and Toddler Social Emotional Development</i> and scroll down to <i>Social Emotional Development</i>.</p>	
	<p>Microlearning 2: Infant and Early Childhood Mental Health Resources offer content and strategies to support forming close & secure relationships, experiencing, managing, and expressing emotions, and exploring the environment and learning. Under each of these topics you will find a variety of resources including infographics, articles with reflection questions, and example videos.</p>	

Title	Description and Location	Visual
	<p>All of these resources are available at https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/learning-suite/micro-learning-bytopic/IECMH or easily access selected resources via the EITA Portal.</p> <p>https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and Toddlers</i> > Click on <i>Infant and Early Childhood Mental Health Resources</i>.</p>	
	<p>Microlearning 3: Infant Toddler Workforce Wellness Resources to support the caregivers of infants and toddlers to care for oneself, reduce stress and promote wellness. Learn how to prioritize your own wellness and the wellness of staff so they can support the social and emotional wellness of very young children.</p> <p>All of these resources are available at https://childcareta.acf.hhs.gov/infanttoddler-workforce-wellness-focusing-wellness-critical-early-childhood-professionals or easily access selected resources via the EITA Portal.</p> <p>https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and Toddlers</i> > Click on <i>Infant Toddler Workforce Wellness Resources</i>.</p>	

Title	Description and Location	Visual
	<p>Microlearning 4: Trauma-Responsive Care for Infants and Toddlers</p> <p>Resources to support infant/toddler caregivers to use a trauma-responsive, healing-centered approach when supporting infants, toddlers, and their families. Learn further about Trauma-Responsive Care for babies & toddlers; supporting babies & toddlers on their path to resilience; Trauma-Responsive Care strategies & practices; partnering with families to build their resilience; and fostering infant/toddler caregiver resilience.</p> <p>All of these resources are available at https://childcareta.acf.hhs.gov/trauma-responsive-care-infants-and-toddlers or easily access selected resources via the EITA Portal.</p> <p>https://www.eita-pa.org/ Click on the Tab <i>Topic of Interest</i> > Scroll down to <i>Social Emotional</i> and click > Scroll down to <i>Federal Resources to Support Social Emotional Development of Infants and Toddlers</i> > Click on <i>Trauma-Responsive Care for Infants and Toddlers Resources</i>.</p>	

Title	Description and Location	Visual
Social Emotional Resources Available on the EITA Portal eita-pa.org		
<p>Scheduled EITA Social Emotional Professional Development Opportunities</p>	<p>EITA provides a variety of social emotional training opportunities annually and they are typically posted on both https://www.pattan.net/ for Act 48 or Infant/Toddler EI credit and on the PA PD Registry for PQAS credit. While these courses have no cost, the PTR-YC Series, TPOT Reliability and TPITOS Reliability courses do require participants to purchase the required manual. A listing of the 2024-25 offerings will be coming soon. Offerings can be found at https://www.eita-pa.org/ Scroll down to <i>Highlighted Trainings</i> > Click on <i>Social Emotional Professional Development Opportunities</i></p>	
<p>Online Courses about Social Emotional Development</p>	<p>EITA has several online courses available that are appropriate for both Early Intervention and Early Childhood staff and families. In addition to what is currently posted, Prevent-Teach-Reinforce for Families eModule is also available. The path that takes you to specific social emotional courses is https://www.eita-pa.org/Topic of Interest > <i>Social Emotional</i> > Click on <i>View library of courses</i></p> <p>These online courses provide Act 48 credits for professionals.</p>	
<p>Getting Started with Program-Wide Positive Behavior Interventions and Supports (PW PBIS) Through PAPBS Network</p>	<p>Early Childhood and Early Intervention programs that want to implement Program-Wide PBIS through the PAPBS network must be affiliated with a PAPBS facilitator. The PBIS training collaborative can assist with training a facilitator or help a program find a facilitator with whom they might contract for support. Updated information will be available soon on https://papbs.org/ or by clicking the link from the Social Emotional topic of interest page on the EITA portal. For additional information, please contact: pbistrainingcollaborative@gmail.com</p>	

Title	Description and Location	Visual
Social Emotional Resources Available on the PA Keys Website (Pakeys.org)		
<p>Infant and Early Childhood Mental Health (IECMH) Consultation Virtual Office Hours</p>	<p>Are you looking for support with: Helping a child who is struggling with behavior, attachment, peer relationships or emotion regulation? Helping teachers and families with self-care, stress, and coping, but not sure what to do next?</p> <p>IECMH Consultants are available by appointment to provide IECMHC Virtual Office Hours consultation via telephone or video conference. For more details and how to request an appointment, go to https://www.pakeys.org/ Click on OCDEL Programs > Infant/Early Childhood Mental Health (IECMH)> On the IECMHC home page, scroll down. Click on <i>Learn more and Schedule an Appointment</i> just above contact information for IECMH.</p>	
<p>Infant and Early Childhood Mental Health (IECMH) Matters Resources</p>	<p>The IECMH program has nearly 50 brief resources on their home page to help with common mental health and behavior questions. Go to https://www.pakeys.org/ Click on <i>OCDEL Programs > Infant/Early Childhood Mental Health (IECMH)></i> On the IECMHC home page, click on <i>Information and Resources for Current Providers</i> and scroll down to <i>Early Childhood Mental Health (ECMH) Matters Handouts</i>.</p>	
<p>Infant and Early Childhood Mental Health eNewsletter</p>	<p>In addition to the opportunity to sign up for the Early Childhood Education (ECE) enews, IECMH also archives mental health newsletters for easy access when you need them. Helpful topics within the current year include self-regulation, communication, interactions and attachment. Go to https://www.pakeys.org/ Click on <i>OCDEL Programs > Infant/Early Childhood Mental Health (IECMH)> Resources</i></p>	

Title	Description and Location	Visual
<p>Infant and Early Childhood Mental Health Videos</p>	<p>The videos are tools to increase your own understanding. In the description, each video provides more information, including a summary of key points. The videos can also help you have more effective conversations with parents about these sometimes sensitive topics. To access them, go to https://www.pakeys.org/ Click on <i>OCDEL Programs > Infant/Early Childhood Mental Health (IECMH)> Bright Start: Supporting Social-Emotional Development.</i></p>	
<p>ePyramid Modules</p> <ul style="list-style-type: none"> -Birth to 5 ePyramid Module Package (Spanish version also available) -Prevent-Teach-Reinforce for Families -Culturally Responsive Practices to Reduce Implicit Bias, Disproportionality, Suspension and Expulsion -Trauma-Informed Care and the Pyramid Model -Wellness: Taking Care of Yourself 	<p>Through the preschool development grant and Early Intervention funding through EITA, five ePyramid modules are available for free for PA early childhood professionals and families.</p> <p>These ePyramid Modules are designed to help early childhood professional support children's growth and development. Prevent Teach Reinforce for Families is designed to prepare professionals who will lead the creation of a behavior plan in homes or community settings other than classrooms. The Wellness course is intended to help professionals and families to prioritize taking care of themselves so they can care for children.</p> <p>To register for PQAS credit, go to https://www.pakeys.org/pdregistry/ log in > search events > enter ePyramid into course title search and follow the directions to register for the course you want. Prevent-Teach-Reinforce for Families eModule is also available on the EITA portal for Act 48 credits.</p> <p>**Once enrolled in these courses, you have access to complete them for 365 days. Please complete at your own pace!**</p>	



Social Emotional Resources Available on EITA Mobile

<p>Family Focused Tools: Connecting with Your Child</p>	<p>Find out where your temperament matches or doesn't match with your child's temperament and get ideas to support healthy family relationships.</p> <p>EITA Mobile > Family Focused Tools: Connecting with Your Child</p>
<p>Family Focused Tools: In The Moment: Community</p>	<p>Tips and tricks to support your child's social emotional development during transition times in the community.</p> <p>EITA Mobile > Family Focused Tools > In the Moment: Community</p>
<p>Family Focused Tools: In The Moment: Home</p>	<p>Tips and tricks to support your child's social emotional development during transition times at home.</p> <p>EITA Mobile > Family Focused Tools > In the Moment: Home</p>
<p>Tools and Resources: Friendship Skills</p>	<p>Use this tool to support families or teachers with strategies about peer and friendship skill development.</p> <p>EITA Mobile > Tools and Resources > Social Emotional > Friendship Skills</p>
<p>Tools and Resources: Talking with Families about Challenging Behavior</p>	<p>Use this tool to support you before an interview with a family about their child's challenging behavior.</p> <p>EITA Mobile > Tools and Resources > Social Emotional > Talking with Families about Challenging Behavior</p>
<p>Professional Development</p>	<p>Access to registration for EITA online learning courses and job aids.</p> <p>EITA Mobile > Professional Development > explore <i>Pre-registration</i> for Act 48 credit and/or <i>Self-Registration</i> for immediate access and a certificate but not Act 48 or PQAS credit.</p>