

# HOME VISITING IN PA how 4 programs help kids & families

The following are federally funded Maternal, Infant, and Early Childhood Home Visiting Programs:

### Nurse-Family Partnership

**FOR:** Low-income, first-time mothers (must enroll before 28<sup>th</sup> week of pregnancy).

**DETAILS:** Each mother is partnered with a BSN-level registered nurse and receives home visits through the child's second birthday to provide a healthy start.

**GOALS:** Improve pregnancy outcomes, boost child's health and development, and improve economic self-sufficiency of parents.



#### Early Head Start

**FOR:** Low-income pregnant women and families with children ages birth to 3 years.

**DETAILS:** Offers screenings, ongoing observation and curriculum planning, health services, family partnerships, and community collaborations.

**GOALS:** Promote healthy prenatal outcomes, enhance development of young children, and promote healthy family functioning.

#### Parents As Teachers

**FOR:** Parents and children, prenatally through kindergarten.

**DETAILS:** Certified parent educators work with families to help parents become their child's first and most influential teachers.

**GOALS:** Increase parent knowledge of early childhood development and improve parenting, provide early detection of developmental delays, and improve children's school readiness/success.



## Healthy Families America

**FOR:** Overburdened families at risk for adverse childhood experiences, prenatally to 3-5 years old. Risk factors include history of trauma, substance abuse, etc.

**DETAILS:** Includes screenings to determine risks, home visits, and regular screening for child development/maternal depression.

**GOALS:** Reduce child maltreatment, improve parent-child interactions, promote health/development, promote positive parenting, and more.