

**Infant/Early Childhood Mental Health Professional Development Cohort Application  
for Behavioral Health Clinicians**

\*Participants must be able to attend ALL four sessions in their preferred cohort

**APPLICANT INFORMATION**

<b>Name:</b>		
<b>Title/Role:</b>		
<b>Address:</b>		
<b>City:</b>	<b>State:</b>	<b>Zip:</b>
<b>Phone:</b>		
<b>Email:</b>		
<b>Organization/Employer:</b>		
<i>*This training series is being offered in a cohort model to increase participant engagement, networking and relationship building around infant/early childhood mental health theory and practice.</i>		

**DESCRIPTION OF TRAINING CONTENT**

**DC:0-5™ Overview**

This session will serve as an overview of *DC:0-5™ Diagnosis and classification of mental health and developmental disorders of infancy and early childhood*, providing a foundation for understanding this diagnostic system for professionals who work with infants and young children. The training will provide participants with an overview of the background, approach, and content areas of DC:0-5™.

**Clinical Formulation and Relationship-Based Interventions**

Clinical formulation is the basis of intervening in supporting the mental health and development of young children and their families. Clinical formulation is the way in which the young child's clinical presentation is understood in the context of their relationships, biology, social environments, developmental competence, and cultural context. Any intervention should be based on a comprehensive understanding of the young child's abilities and developmental progression and relationships. This session will explore how clinicians arrive at clinical formulation needed for treatment planning and highlight some current relationship-based interventions that are evidence based.

**Observation and Assessment in Infancy/Toddlerhood**

Understanding infants and young children is largely based on our ability to observe their behaviors, interactions, and development. Clinicians need to be aware of how best to use clinical observations, screening, and assessment in their diagnosis and clinical formulations. This session will provide an overview of formal and informal means of observation and assessment, including the process of "baby-watching." Several categories of established screening and assessment measures will be reviewed as well.

**Community of Learners Session**

ZERO TO THREE Community of Learners (CoL) sessions promote participants' analysis, reflection, and translation of content knowledge into practice. Specifically designed and expertly facilitated by ZERO TO THREE Faculty, CoLs enhance learning through collaborative dialogue among professionals across early childhood disciplines.

**COHORT OF INTEREST**

Cohort 1 Dates: August 2, 16, and 23 and September 27, 2021 from 11-12:30 PM EST

Cohort 2 Dates: August 2, 16, and 23, and September 27, 2021 from 3-4:30 PM EST

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**APPLICATION QUESTIONS**

Please describe your professional work with young children birth to 6 years old and their families?

Please describe your current knowledge and skills related to infant/early childhood mental health (IECMH)? What professional development or training have you received on IECMH?

Why are you interested in participating in this training opportunity?

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**FOR APPLICANT'S SUPERVISOR/ADMINISTRATOR:**

*I support this applicant for participation in this training opportunity offered through the Office of Child Development and Early Learning (OCDEL) and the Pennsylvania Key. Applicant will be released to participate in ALL relevant cohort dates indicated above by my agency/organization.*

**Printed Name:**

**Email:**

**Signature:**

**Date:**

**Application Due: June 18, 2021 by 5:00pm. Application received after this time will not be reviewed.**

**Send application to [brafox@pakeys.org](mailto:brafox@pakeys.org) with *IECMH Cohort* in the subject.**

**Selected applicants will be notified after June 23, 2021.**