



Webinar Speaker Series

Training and Resources for Systems, Providers,
Community Agencies, Family, and Youth



Black Mental Health Matters

A two-part Webinar Series in honor of Black History Month.

Registration is required for this FREE event:

Dates:

PART I: Thursday, February 11, 2021 from 2:30 to 4 p.m ET
<https://bit.ly/3nicz8F>

PART II: Thursday, February 25, 2021 from 2:30 to 4 p.m ET
<https://bit.ly/3s12Kzs>

Black Mental Health Matters is a webinar facilitated by Dr. Eunice Peterson, a board-certified Adult and Child & Adolescent Psychiatrist. The webinar is an interactive presentation with a Q&A session designed to provide participants with an understanding of how racism impacts mental health.

PART I: Dr. Peterson will present information on the history of racism in healthcare, the stigma of mental healthcare in communities of color, and the impact of microtraumas and microaggressions on the mental health/wellness in communities of color. Part I of this webinar program will focus on how the history of racism impacts the delivery and accessibility of mental health care in communities of color. While both Part I and Part II of “Black Mental Health Matters” are open to all participants, Part I of the series will provide insights specific to healthcare providers and the staff that support them.

PART II: Dr. Peterson will present information on how systemic racism and the Black community’s experience with police brutality (directly and indirectly) impact young people’s mental health, in particular. Dr. Peterson will examine how racial microtraumas and microaggressions adversely impact mental health in the African American community. Both Part I and Part II of the series are designed to be informative for those who face mental health challenges and the families and communities that support them.

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