

**THIS DOCUMENT IS FOR CONTENT REFERENCE ONLY. APPLICATIONS MUST BE SUBMITTED USING THE ONLINE LINK: <https://www.surveymonkey.com/r/QZSZVDX>**

Seeking Licensed Child Care Providers for PA NAPSACC Mini-grant Project focused on Children's Health

You're entrusted by families with the care and well-being of their children. Amidst a world-wide pandemic, child care has emerged as a lifeline for families, adapting routines and policies to ensure that children are safe, healthy, and secure. In a time when health practices are more critical than ever, you are in a position to make a pivotal difference in children's lives by helping them form positive nutrition and physical activity habits while in your care.

The Pennsylvania Nutrition and Physical Activity Self-Assessment for Child Care (PA NAPSACC) program is a continuous quality improvement process focused on obesity prevention practices and policies within early care and education settings. The program utilizes Go NAPSACC, an on-line, evidence-based tool, to guide you through self-assessment, action planning, implementation, policy development, re-self-assessment and reflection. The process empowers program leadership and includes individualized technical assistance to increase knowledge and improve quality of practice and policy. Programs will also participate in online TA networks focused on policy development, which will be led by a Child Care Health Consultant (CCHC) at no cost to the site. The CCHC will review current practices and policies, assist with developing sustainable policies, and offer guidance for continuous quality improvement.

We recognize that you are faced with challenges beyond the norm. We are currently hosting sharing sessions with past project participants to identify strategies and resources that will support you as you develop and implement nutrition and physical activity action steps while balancing the impact and necessary guidelines of the pandemic.

Beyond the reward of making a difference in the health of the children in your care, those who participate and complete project requirements will also receive a \$500 mini-grant to support their action steps. For STAR 3 and 4 programs, and STAR 2 programs moving to STAR 3, participation in all components of the PA NAPSACC program satisfies the performance standards and/or bonus point requirements related to utilizing a health care consultant to establish and maintain health policies above those required by certification as well as participating in an organized effort to promote nutritional health for children.

The PA NAPSACC Mini-grant Project will follow the timeline below:

Applications due by December 15, 2020  
Notification of Acceptance - December 23, 2020  
Orientation and kick-off - week of January 11, 2021  
Have 5-6 months to implement!  
Reflection and wrap up in June 2021

Technical support and policy consultation will be available to all participating programs.

If you are interested in participating, please complete and submit the electronic application. If you have questions or require additional information, please contact Lori McMonigal, Coordinator for Special Projects - Tuscarora Intermediate Unit, at 717-248-4942 x 112 or [lmcmmonigal@tiu11.org](mailto:lmcmmonigal@tiu11.org)

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**Applications must be submitted by December 15, 2020.**



2021 PA NAPSACC Mini-grant Project Application

Applicant Information

\* 1. Name of Child Care Program

\*To be eligible, programs must be a licensed child care provider

\* 2. Please enter your 9-digit Master Provider Index (MPI) number. The supplied MPI number MUST align with the legal name and address provided in the PA NAP SACC application. MPI numbers are used by the Pennsylvania Department of Human Services to identify legal entities and service locations that participate in any of its programs, including child care licensing, Early Intervention, Pennsylvania Pre-K Counts, Head Start Supplemental Assistance Program, and Keystone STARS. Applicants that are not currently participating in any of these programs should contact the Early Learning Network (ELN) Help Desk at (877) 491-3818 and provide their Federal Tax ID to determine their MPI numbers. MPI numbers will not be provided without a Federal Tax ID number.

3. My program is:

- Center-based
- Family Child Care Home
- Group Home
- Other (please specify)

\* 4. Program director/administrator/owner name

\* 5. Phone number

\* 6. Email address



\* 7. Contact person name (This is the person who will receive all emails and notifications related to the grant)

\* 8. Phone number

\* 9. Email address

\* 10. Program street address

\* 11. City

\* 12. Zip code

\* 13. County

14. If it is necessary to mail information to your site/home (resources, paperwork, etc), is the above address the best one to use?

- Yes
- No
- If no, please list mailing address:



\* 15. School district where program is located

16. If known, please share your Early Learning Resource Center (ELRC) Region.

17. On average, how many children do you serve in each of the age groups below? (The target age group for this mini-grant project includes infants, toddlers, and preschool age children.)

Birth to 3

3.1 - 5

5.1 +

18. On average, please estimate the number of children you serve that are:

White

Hispanic or Latino

Black or African American

American Indian or  
Alaskan Native

Asian/Pacific Islander

\* 19. How many staff are employed at your center/group/family home?



## 2021 PA NAPSACC Mini-grant Project Application

### Application Questions

\* 20. Does your child care center/group/family home participate in the Child and Adult Care Food Program (CACFP)?

21. Please select your current Keystone STARS level:

\* 22. Does your program have a modified summer program or schedule?

23. If yes, please explain.

\* 24. Does your child care program currently have a written policy regarding nutrition?

\* 25. Does your child care program have a written policy regarding physical activity?

\* 26. Please evaluate your comfort level using technology (email, websites, online videos and resources, etc.)

27. If you have questions about accessibility and/or require accommodation in order to fully participate in this activity, please contact Lori McMonigal at [lmcmonigal@tiu11.org](mailto:lmcmonigal@tiu11.org) or 717-248-4942 ext 112.

- I plan to contact Ms. McMonigal to discuss accessibility and accommodations.
- I do not have accessibility or accommodation questions or requests at this time.

28. Has your program participated in a PA NAPSACC mini-grant project in the past? (Past participants are still eligible and welcome to apply; however, if spots are limited, priority will be given to programs who have not had a previous opportunity to participate.)

- Yes
- No
- Unsure

Other (please specify)

29. Please share how you heard about this opportunity:



## 2021 PA NAPSACC Mini-grant Project Application

### Application Questions

\* 30. Please explain your interest in the PA NAPSACC Mini-grant Project. Specifically, what are your goals for improving nutrition and physical activity practices within your program?

\* 31. Please describe your commitment to and ability to complete this project, including the time required to complete the mini-grant activities (orientation, self-assessment, implementation, reflection, communication with policy consultant).

\* 32. This mini-grant project is part of a larger statewide initiative which is funded by the Centers for Disease Control and Prevention. Our funding requires us to conduct a program evaluation of our various initiatives under this grant. Please indicate your program's willingness and availability (time to complete an online survey) to provide an external evaluator with information that will assist them in conducting this evaluation required by CDC.