### **Transition to Formal Schooling**

### **Best Practice Rubric for Formal School Settings (Receiving Schools)**

**Introduction:** The transition into formal schooling can be one of the most significant events a young child experiences. Excitement, shock, fear, happiness, anxiety, surprise and a sense of being overwhelmed are a few of the emotions children and families might feel. The transition to formal schooling takes careful advance preparation and planning in order to be a successful milestone for the child. It is a dynamic process that is ongoing. It involves moving from one situation to another. All children will experience this change differently. Thoughtful and deliberate attention to this process by those who are directly involved can make this a positive experience for a young child and his/her family.

Implementation of effective transition strategies has been linked to the sustainment of developmental and academic gains attained in quality early education settings (Howes, C. et. Al., 2007), increased and sustained family involvement (Barnett, M. A., 2009, Ferguson, C. & Wood, L., 2005), and positive developmental and academic outcomes (Ahtola, A. et al., in press, LoCasale-Crouch, et al., 2008).

**Purpose:** The Transition to Formal Schooling Best Practice Rubric provides school district and other local education agency personnel the means to evaluate current transition practice, as well as a means to plan for continual quality improvement. The tool is divided into five areas: Management of transition practices, school in community, child-to-school, family-to-school and school-to-school.

### Management of transition practices:

This section emphasizes the necessary systematic and structural components for the implementation of best transition practices.

### School in community

Adults can support young children's successful transition to formal schooling by viewing the transition as a collaborative process that happens over time. "Transition has to be understood in terms of the settings that contribute to child development (e.g., family, classroom, community) and the connections and relationships among these settings at any given time and across time." (Pianta & Kraft-Sayre, 2003). This section emphasizes practices which connect programs and services which touch the lives of children and family to provide a seamless system of early education. Linkages between school and these multiple partners provide access to resources and information that can enhance the outcomes of the transition process.



#### Child-to-school:

Pianta & Kraft-Sayre (2003) have noted that a successful transition to formal schooling is a key component of school readiness. This transition to formal schooling sets the tone and directions of a child's school career. Bailey, in Pianta (1999) notes that, "Formal schooling is the place in which children make important conclusions about school as a place where they want to be and about themselves as learners. If no other objectives are accomplished it is essential that the transition to school occur in such a way that children and families have a positive view of the school and that children have a feeling of perceived competence as learners" (p. xv).

The transition can be exciting because the child is moving to something new that the adults in his or her life regard as important. He or she may be apprehensive about leaving familiar people and routines and facing the unknown. A child entering a new program must learn to cope with an unfamiliar place, changes in expectations, a new role, peer group, and authority figure, and many new experiences. If not handled well, these new experiences and relationships may be stressful for the child. This section emphasizes practices to help make transition an exciting event with a high level of comfort. These practices help foster positive attitudes toward school and learning, foster positive teacher-child relationships, and help children develop and maintain positive relationship with peers.

#### Family-to-school:

As families begin to prepare for the transition into formal schooling, they feel a range of emotions. There may be pride that their child is entering school and will be facing new challenges. There also may be concern about how their child will cope with the change. They may be apprehensive about their child growing up and having less control over the experiences of the day. They hope that the transition to formal schooling will be a smooth and happy one.

Studies show that successful programs actively involve parents in their programs. The family's influence is fundamental in the early years. Studies show that when families are actively engaged in the transition process their involvement tends to continue throughout their child's school career (Barnett, M. A., 2009, Ferguson, C. & Wood, L., 2005). Family involvement has been linked to positive student outcomes. This section emphasizes practices to involve and engage families in the transition process, fostering positive attitudes toward school and learning and helping families act as partners in their children's learning.

#### *School-to-school:*

Continuity across early childhood services in which all programs for children birth-age 8 in the community work together can ensure consistent and effective services throughout these important years. Continuity includes alignment of expectations, environmental design, as well as instructional practice. When sending and receiving teachers use similar strategies, children adjust more easily to school. It is essential that both early learning teachers and elementary school staff work together to overcome the barriers to smooth transitions for children and families.

Companion resources can be found atwww.pakeys.org or at www.pdesas.org.



# **Management of Transition Practices**

	Best Practice <b>Emerging</b>	Best Practice <b>Progressing</b>	Best Practice <b>Achieved</b>
Audience	Transition practices are in place and are implemented for limited groups of children	In addition to transition practices offered to limited groups of children, some transition	All available transition practices are offered to ALL children.
	(i.e. those children with IEPs, children identified "at risk").	practices are offered to ALL children.	
Personnel	Issues related to transition are handled by the guidance counselor or other district personnel as an add-on to position responsibilities.	Issues related to transition are handled by one, identified person as a dedicated portion of their job responsibilities.	There is a designated Transition Coordinator at the district level and one team leader within each feeder school.
	Most, but not all, of individual elementary schools within the district participate in transition activities.	All elementary schools within the district participate in transition activities. Some of these activities are coordinated events across the district.	In addition to the previous indicator, school district personnel also participate in and/or promote county-wide and/or state-wide transition initiatives.
	Teachers volunteer time to engage in transition practices that extend beyond their contractual obligations.	Incentives are provided for teachers to engage in transition practices that extend beyond their contractual obligations.	Transition practices are incorporated into and are compensated as part of teachers' contractual obligations.
Transition Plan	A written Transition Plan is present.	A written Transition Plan is current, is implemented, and is reviewed and updated periodically.	A written Transition Plan is current, is implemented and is reviewed and updated on an annual basis. Plan effectiveness is evaluated annually.



	Best Practice <b>Emerging</b>	Best Practice <b>Progressing</b>	Best Practice <b>Achieved</b>
Data Collection	Teachers are asked to identify children who	There is a systematic collection of data on how	There is a systematic collection of data on
	have a difficult transition experience and	children are transitioning into formal schooling.	how children are transitioning into formal
	supports are available for these children.	Supports are available for children who have a	schooling. Data is maintained from year to
		difficult transition.	year and is used to evaluate the effectiveness
			of the written Transition Plan. Supports are
			available for children who have a difficult
			transition.
School	School registration is held by June 30.	School registration is held by April 30.	School registration is held by April 30
registration			followed by intentional outreach to families
J			who have not registered by this date.
Resource Use	School administration uses the Office of Child	School administration uses the Office of Child	School administration uses the Office of Child
	Development and Early Learning's Transition	Development and Early Learning's Transition	Development and Early Learning's Transition
	Toolkit to plan and implement transition	Toolkit to plan and implement transition	Toolkit to plan and implement transition
	practices.	practices and shares information from the toolkit	practices and shares information from the
		with individual school personnel including	toolkit with individual school personnel
		Kindergarten teachers.	including Kindergarten teachers. Additional
			resources and information is sought from
			additional resources including networking
			with other school district personnel.



# **School in community**

	Best Practice Emerging	Best Practice Progressing	Best Practice Achieved
Participation in	A school district representative is involved in a	A school district representative is involved in a	A school district representative is involved in
Community	community transition team.	community transition team and a district level	a community transition team and a district
Transition Team		transition team has been formed.	level transition team has been formed which
			includes representation of key stakeholders
			including but not limited to family members,
			local early education providers, and other
			community partners.
Partnerships	Aware of and communicates with community	Establishes intentional links to community	School functions a community hub. For
	partners serving children who will transition	partners, such as use of school building for	example school is open after normal school
	into school.	community events, partner with community	hours for community events, school houses
		partners for screenings and education, houses a	health services and other community
		community pre-K and/or after school	services.
		programming.	
Promotion of	District personnel and/or teachers are aware	District personnel, schools, and/or teachers	District personnel, schools, and/or teachers
Quality Early	early care programs in their community which	participate in events which promote quality early	partner with community agencies to develop
Care	participate in quality initiatives (STARS, Pre K	education.	events which promote quality early
	Counts, Head Start, Early Intervention, etc.) and		education.
	share written information about quality early		
	care.		



## **Child to school**

	Best Practice Emerging	Best Practice Progressing	Best Practice Achieved
Orientation to	School provides written, informational materials to	School provides at least one orientation activity to	School provides multiple and varied opportunities
school	the family about the school and the child's	familiarize the child with the school/teachers. e.g. visit	for child to become familiar with the
	classroom.	to school, child-level "welcome to our school" booklet	school/teachers/future classmates.
		or DVD, open house event or activity.	
	Teachers intentionally address the differences	Environment including room design is similar to pre-	Teachers design room lay-out, instructional
	between the pre-Kindergarten and Kindergarten	Kindergarten settings at the beginning of the school	practices, and routines to match a majority of the
	settings.	year.	children's previous settings at the beginning of the
			school year.
Relationships	Teachers make contact with all children in writing	Teachers make personal contact (phone call, home	Teachers make personal contact (phone call, home
	prior to the start of school.	visit, open house) with most children prior to the start	visit, open house) with all children prior to the
		of school.	start of school. When children cannot attend
			activities at the school, an effort is made to
			establish contact with children through other
			means (phone call, home visit, and visit to child
			care) prior to the start of school.
	School plans events prior to the start of school	School intentionally plans for children to transition	School intentionally plans for children to transition
	which allow children to meet their peers.	into their new classroom with a least one peer from	into their new classroom with groups of peers from
		their previous setting/neighborhood.	their previous setting/neighborhood.
Orientation to child	School receives information about the child from	School has information exchange policies and	Information about the child is received from
	the child's family.	documentation in place with sending programs and	multiple sources and is provided (where
	,	receives information from children's pre-kindergarten	appropriate) to the child's new teacher for use in
		classrooms, as well as from the child's family.	instructional and transition planning.



# Family to school

	Best Practice Emerging	Best Practice Progressing	Best Practice Achieved
Orientation to	School provides written information to families	In additional to written information, school	School engages in intentional outreach to
School	about the school, classrooms, registrations, expectations.	provides opportunity for face-to-face contact with school personnel including the child's teacher prior to the start of school (this can be at registration event but must include designated and intentional time for families and school personnel to meet and connect).	families prior to the start of school. This might include the participation in home visits, individual meetings with incoming families that go beyond mere filing of paper work; personal outreach by family mentors, the transition coordinator, or members of the PTA.
Orientation to Family	School receives basic family information as part of registration paperwork.	School develops a family needs survey which the family is asked to complete as part of registration process and provides written information or a resource list to families with identified needs.	School develops a family needs survey which the family is asked to complete as part of the registration process and personally follows up with families with identified needs.
Partnerships	School provides written information to assist families in preparing their child(ren) for school. E.g. distribution of readiness calendars and other materials.	The school provides developmental screenings including basic health screenings as part of registration and follow-up activities are offered for identified children (summer readiness activities, parent workshops).	Developmental screenings including health screenings are provided multiple times throughout the year and follow-up activities are offered throughout the year.



## School to school

	Best Practice Emerging	Best Practice Progressing	Best Practice Achieved
Partnerships	School has open communication with at least one early care provider from which a majority of children transition.	School partners with one or more early care providers from which children transition.  Partnering includes providing the early care providers with information on the school expectations, curriculum, transition process, etc.	School partners with most of the early care providers from which the children transition. Partnering includes providing the early care providers with information on school expectations, curriculum, transition process, etc, as well as establishing community of practice in which providers and formal school teachers collaborate. E.g. through joint professional development, intentional sharing and continuity of curriculum goals, etc.
	There is a release of information agreement between sending and receiving school.	There is a release of information agreement between sending and receiving school and a process in place for sharing of information.	There is a release of information agreement in place between sending and receiving school, a process is in place for sharing of information, and the information shared goes beyond required forms to include information which creates a "snapshot" of the child including developmental information, unique interests, learning styles, etc. which is shared with classroom teachers (when appropriate).
Resources	Schools within the school district share resources and coordinate transition efforts.	Neighboring school districts share resources and coordinate some transition efforts (e.g. PSAs advertising K registration)	There is active mentoring, shared resources, and coordination of transition efforts among multiple school districts (possibly countywide).

