## PA Project LAUNCH

Family Strengthening Workgroup

## Presentation Objectives:

- 1) Project LAUNCH Overview
- 2) Approaching the Family Strengthening Strategy
- 3) Discussion of Five Major Projects Undertaken

#### WHAT IS PROJECT LAUNCH?

Project LAUNCH seeks to promote the well-being and success of children, birth to 8 years of age, their families, and pregnant women through the delivery of a comprehensive, seamless system of services and supports.

The purpose is to help all children reach social, emotional, behavioral, physical and cognitive milestones and to thrive in school and in life.

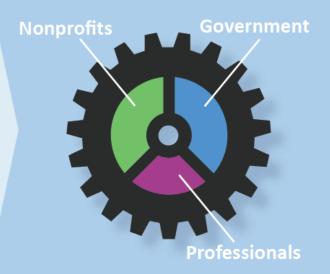


Project LAUNCH is a collaborative process involving cross-sector systems, services, and strategies - all working seamlessly together to support the optimal development and well-being of children and families.

130
INDIVIDUALS



from 114
ORGANIZATIONS







### Strategic Doing Across Five Prevention Goals

- 1)Integrate Behavioral Health in the Physical Health Setting
- 2) Promote Quality Screening and Assessment
- 3)Increase knowledge of infant and early childhood mental health across systems
- 4) Strengthen Families
- 5)Increase the quality and utilization of home visiting supports

Family Strengthening Work Group Goals and Objectives	
Goal:	Ensure families with young children are connected to needed information and services.
Rationale:	Lack of coordinated information, resources, and parent/community leadership in social emotional wellness and physical health care.
Objectives:	1. Increase parents' access to information and resources to support healthy child development and social-emotional wellness.
	2. Increase parent involvement in social networks that promote their leadership skills.
	3. Raise community awareness of birth-8y social-emotional wellness.

#### **Key Questions:**

- What does our County need?
- Who should be at the table?

#### 1) Mental Health First Aid Trainings



Mental Health First Aid is an 8hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand, and respond to signs of mental illness.

#### 2) Protective Factors



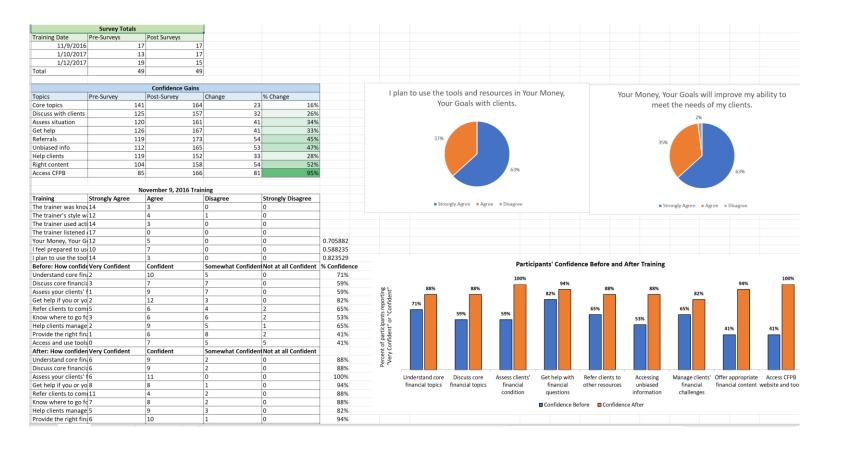


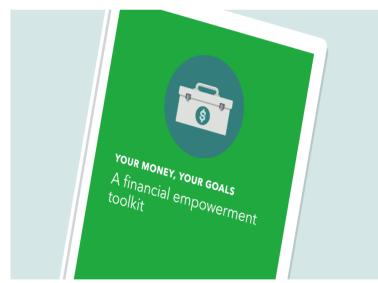






#### 3) Financial Literacy





#### **Toolkit**

The toolkit has information that helps you have the money conversation with the people you serve.

Use the tools to help achieve goals and work through challenges.

#### 4) Social Awareness of IECMH

#### HEALTHY IN ALL WAYS







A GOOD CHECK-UP COVERS MORE THAN PHYSICAL HEALTH.
YOU CAN TALK TO A MEDICAL PROVIDER ABOUT YOUR CHILD'S BEHAVIOR, MOODS, AND FEELINGS.







#### 5) Parent Leadership and Awareness of Resources



## Family Resource Ring





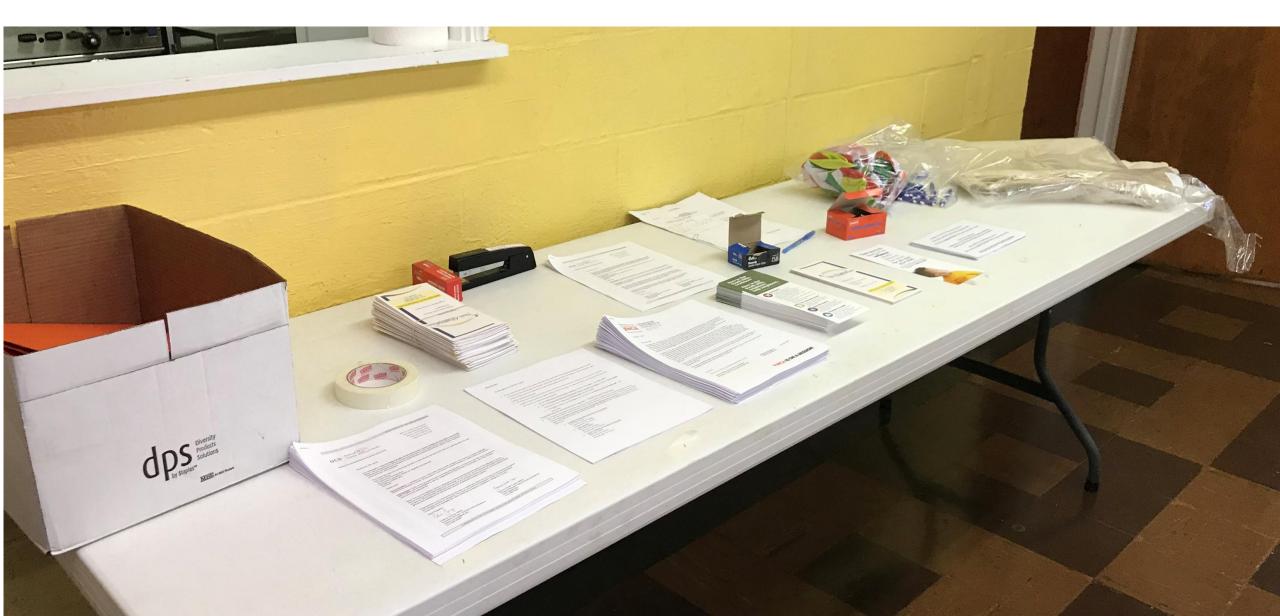




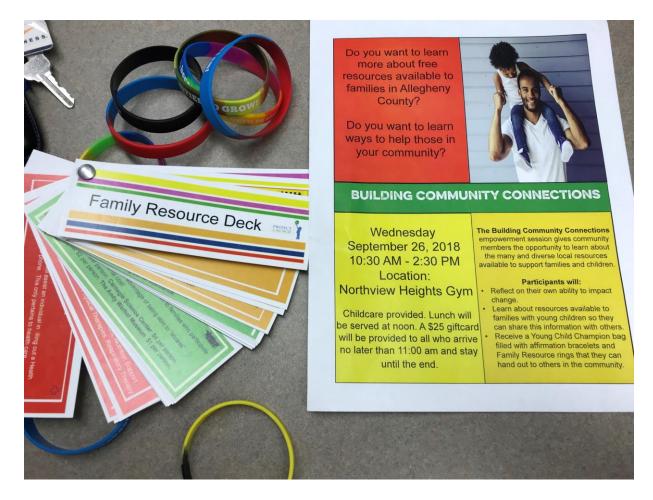




#### Getting Information to Families about Resources: The Old Way



# No one can keep track of hundred of fliers so we created a Family Resource Ring



## QUESTIONS?

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## THANK YOU!