The FCCERS- R Self/Partner Reflection Tool is specifically developed for family child care home providers to meet the Family Child Care Environment Rating Scale Assessment (FCCERS-R) requirement for Keystone STARS (Level 2), Pennsylvania's Quality Rating and Improvement System. The purpose of this tool is to support you in your continuous quality improvement efforts. It will help you become more familiar with the FCCERS-R, get started on looking at your current practices, sort through your feelings, and begin making improvements in your family child care home setting. A key element to the process is having brain storming conversations with a trusted partner. This partner may be a mentor, technical assistance consultant, another family child care home provider, or Regional Key STARS Specialist. The tool may be used in several ways.

### To get started:

- 1. Attend the Family Child Care Rating Scale Revised (FCCERS-R) professional development.
- 2. Review the Items and Indicators in each of the subscales: This can occur in several ways, 1) you can have a mentor, TA consultant, or Regional Key STARS Specialist observe you and then review the findings together (Best Practice); or 2) over time you can reflect on your own practice identifying where you feel your practice falls on the scale (Good Practice). In either case, be sure to review the findings with a partner and reflect on the questions below.
- 3. Complete the forms on the next two pages. If you are planning on STAR 2 designation then submit this form to the Regional Key as a part of your Pre Designation visit. <u>This form is to be completed annually to maintain a STAR 2 designation</u>.
- 4. During your reflection process or as part of your action planning, you may identify areas in which you would like follow-up assistance. Technical assistance resources coordinated through the Regional Keys may be a good resource for you. You can contact your Regional Key for assistance in identifying the appropriate technical assistance supports.

# FCCERS-R Self/Partner Reflection Tool

Family Child Care Home Name:	MPI #	
Primary Staff Person/ Owner/Operator's Name:		
Observation/Reflection Date:		
Reflection Partner Name:	Title:	
Reflection Partner Organization Name:		

#### Reflect on the assessment results and think about:

- 1. What impressed you about your current practices?
- 2. What surprised you about your current practices?
- 3. What general areas do you foresee getting started on improving the quality of today (i.e. Space and Furnishings)?
- 4. How about the near future?
- 5. A key component of all quality child care environments is well thought out supervision practices to assure the health and safety of the children. Did your reflection reveal any safety or supervision issues that you were unaware of? Anything that could unintentionally put children at risk? Determine if these issues need to be addressed in the immediate-term, short-term or long-term.

#### Directions for filling in the chart below:

- 1. Identify and prioritize the 3 scale items you would like to begin improving.
- 2. Identify a trusted partner (mentor/TA, provider at a higher star level, child care parent, associate, or STARS Specialist) with strong knowledge in this item.
- 3. Set a mutually agreed upon time for meeting and brainstorming specifically about the identified item.

Priority	Item Identified	Partner	Meeting Time
#1			
#2			
#3			

## FCCERS-R Brainstorming/Implementation and Review Template

Now that you have identified items, identified a partner, and established a time for brainstorming, it is time to create a plan of action which may include sharing the plan of action with your own family, followed by a review. During this process, it is recommended that you start with establishing partner talk etiquette, such as all partners are respected and all ideas are accepted as a possibility. These are personal and should be established for all three item partnerships established.

#### **Directions for Brainstorming Meeting:**

- 1. Identify improvement *item* from previous page.
- Identify professional resources (i.e. Caring for Our Children, CACFP Standards, PA Learning Standards for Early Childhood, PA Position Statements, etc.) and keep them at your fingertips along with the FCCERS-R Scale.
- 3. Identify why the item is important to your environment and record.
- 4. **Talk, Talk and Talk some more** about the item, your feelings, and ideas to improve the item within your environment. Highlight *main*

**points of conversation** and record. Suggested reading to help get started:

http://www.pakeys.org/uploadedContent/Docs/ERS/Getting%20Started.pdf

- 5. Create a *plan of action* (which may include sharing with your family members) record and begin implementation within a realistic time frame.
- 6. **Review effectiveness** of implementation within 2 weeks, 4 weeks and 8 weeks and record notes.

Item	Professional Resources	Identification of WHY	Main Points of Conversation	Plan of Action	Review of Effectiveness