

These position statements are the result of the need to consider the impact of Pennsylvania Department of Human Services (DHS) Certification Regulations and other Pennsylvania program specific expectations on the scoring of the items in the ITERS-R scale. In the case of each statement input from multiple sources including the ITERS-R scale authors, DHS Certification, OCDEL and other experts were considered in the creation of the statement.

General PA Position Statement:

The ITERS-R will be the assessment tool in classrooms where the majority of the children are infants, young toddlers and/or older toddlers (birth through 36 months). In classrooms of mixed ages, the assessment tool will be determined by the age level that represents the highest number of enrolled children in the group: Infant/toddler; Preschool; or School-age.

ITERS-R may also be used in:

- Group day care homes which are not located in a residence and only serve children Birth-36 months
- Group day care homes which are <u>not located in a residence</u>, physically separate children into age-based groupings (i.e., separate classrooms) and children birth-36 months represent the highest number of enrolled children in the program.

7/1/2016 Pennsylvania Early Learning Keys to Quality

ltem	Indicator	Indicator Description	Position Statement	Supporting Guidance
General PA Statement regarding Hand washing and use of hand sanitizers			 <u>General Statement regarding hand washing and use of hand sanitizers</u> Child and adult hand washing is required by regulation before meals and snacks, after toileting and diapering, and when visibly soiled. As per ELS/PKC #63, issued September 25, 2009 the use of a hand sanitizer is not a substitute for hand washing in these instances. Hand sanitizers may be used with children ages 24 months and older for hand washing unrelated to meals/snacks, toileting/diapering and when not visibly soiled (such as after blowing noses, before sensory play, and other times hand washing is expected in the environment rating scales)The program must follow the guidelines below: Read the label before using a hand sanitizer. If the instructions on the hand sanitizer prohibit its use for children, the hand sanitizer prohibit its use for children, the hand sanitizer provide the guidet label. The provider must obtain written parental permission for a child to use a hand sanitizer. The signed parental permission must be kept on file in the child's record at the facility. Hand sanitizers must be inaccessible to children when not in immediate use. A staff person must be physically present with and supervising a child who is using a hand sanitizer. The staff 	ELS/PKC #63 Caring for Our Children (CFOC)

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			 person must remain with the child until the hand sanitizer has dried on the child's hands. The steps for using a hand sanitizer are as follows: Apply an appropriate amount of the product to the palm of one hand (refer to the directions on the label of the hand sanitizer). Rub hands together. Rub the product over all surfaces of hands and fingers until hands are dry. 	
#7 Meals and Snacks	1.2	Addresses food that is served being of unacceptable nutritional value.	Foods served at meal/snack must meet at least 50% of the meal/snack component requirements of CACFP or USDA.	CACFP/USDA Guidelines
	1.3, 3.3, 5.3	Assesses basic sanitary procedures.	Tables and high chair trays should be cleaned and sanitized before and after food service.	CFOC STANDARD 4.9.0.9: Cleaning Food Areas and Equipment
			All containers/spray bottles used for sanitizing must be labeled with the following:	CFOC Appendix J "Selecting an Appropriate Sanitizer or Disinfectant"
			 Product EPA registration number Dilution recipe Contact time required to effectively sanitize Other directions relevant to proper usage 	Definitions: <i>Sanitizer</i> is a product that reduces germs on inanimate surfaces to levels considered safe by
			Bleach/Water: It is no longer possible to provide a generic bleach recipe for sanitizing in early care and education programs. Use Environmental Protection Agency (EPA) registered bleach. Follow	public health codes or regulations. A sanitizer may be appropriate to use on food contact surfaces

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			label instructions for use. When label instructions are not provided, use the following link to enter the EPA number of the product. <u>http://iaspub.epa.gov/apex/pesticides/f?p=PPLS:1</u> . These instructions may also be found in the online (updated version) of <i>Caring for Our Children</i> , 3 rd edition in Appendix J at http://cfoc.nrckids.org/WebFiles/AppedicesUpload/AppendixJ.pdf.	(dishes, utensils, cutting boards, high chair trays), toys that children may place in their mouths, and pacifiers. Commercial Products: Use an Environmental Protection Agency (EPA) registered product for sanitizing and disinfecting. Follow label instructions for use.
	3.2	States that well- balanced meals and snacks are served.	Foods served at meal/snack must meet all components of CACFP or USDA.	CACFP/USDA Guidelines
	3.5	Expects that children's allergies are posted, but this creates a confidentiality issue.	In order to post medical/allergy information about children, staff must obtain written permission from the parent. This is the preferred method and staff is encouraged to obtain written permission. However, if parents do not consent to posting this information, staff is required to maintain this information in a more confidential manner which may include keeping a notebook with known medical information which all staff are required to check or by posting the information in some other manner that protects confidentiality.	
# 8 Nap	1.1	Considers rest equipment crowded	At least 24 inches of open space from other napping children or furniture/equipment is required on three sides of nap equipment.	PA DHS Certification Regulations

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		whenever there is less than 36 inches of separation on four sides and addresses safety of sleeping practices.	The expectation is for all children to be separated in this manner to prevent the spread of germs during sleep as well as to ensure adequate space for access in case of an emergency. The ends of cribs are no longer accepted as solid barrier. As per CFOC STANDARD 3.1.4.1: Safe Sleep Practices and	CFOC 5.4.5 Sleep and Rest Areas STANDARD 5.4.5.1: Sleeping Equipment and Supplies
			SIDS/Suffocation Risk- Soft or loose bedding should be kept away from sleeping infants and out of safe sleep environments., Blankets/items should not be hung on the sides of cribs. Swaddling infants when they are in a crib is not necessary or recommended.	CFOC 3.1.4 Safe Sleep STANDARD 3.1.4.1: Safe Sleep Practices and SIDS/Suffocation Risk Reduction
	3.2	Considers rest equipment crowded whenever there is less than 36 inches of separation on four sides.	At least 36 inches of open space from other napping children or furniture/equipment is required on three sides of nap equipment. The expectation is for all children to be separated in this manner to prevent the spread of germs during sleep as well as to insure adequate space for access in case of an emergency. The ends of cribs are no longer accepted as solid barrier.	CFOC 5.4.5 Sleep and Rest Areas STANDARD 5.4.5.1: Sleeping Equipment and Supplies
	3.2	Expects healthful provisions for nap/rest but does not provide a cleaning schedule.	All nap bedding is cleaned weekly. Soiled bedding shall be cleaned before it is reused.	PA DHS Certification
#9 Diapering/ toileting	1.1,3.1,5.1, 7.1	Assesses sanitary procedures.	Diaper changing tables/ pads should be <u>disinfected</u> after each diaper change.	CFOC STANDARD 3.2.1.4: Diaper Changing Procedure
			All containers/spray bottles used for disinfecting must be labeled with the following:	CFOC Appendix J

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			 Product EPA registration number Dilution recipe Contact time required to effectively disinfect Other directions relevant to proper usage Bleach/Water: It is no longer possible to provide a generic bleach recipe for disinfecting in early care and education programs. Use Environmental Protection Agency (EPA) registered bleach. Follow label instructions for use. When label instructions are not provided, use the following link to enter the EPA number of the product. http://iaspub.epa.gov/apex/pesticides/f?p=PPLS:1. These instructions may also be found in the online (updated version) of <i>Caring for Our Children</i>, 3rd edition in Appendix J at http://cfoc.nrckids.org/WebFiles/AppedicesUpload/AppendixJ.pdf. 	"Selecting an Appropriate Sanitizer or Disinfectant" Definitions: <i>Disinfectant</i> is a product that destroys or inactivates germs on an inanimate object. A disinfectant may be appropriate to use on non-porous surfaces such as diaper change tables, counter tops, door and cabinet handles, and toilets and other bathroom surfaces. <i>Commercial Products:</i> Use an Environmental Protection Agency (EPA) registered product for
				sanitizing and disinfecting. Follow label instructions for use.
# 10 Health Practices	3.4	Expects that all medications are administered properly, but does	Medications are to be administered as per PA DHS Certification regulations.	Medications are defined by the PA DHS Certification regulations and must be administered in accordance with PA

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		not define the term properly.		child care certification regulations, specifically 3270.133.
#11 Safety Practices	1.1 and 1.2	Assess the presence of safety hazards. The authors generally state that to score a one, the situation must be extreme and at least 4 hazards exist.	 The score for this item will be one if any of the following conditions are met: A minimum of 4 indoor (1.1) or 4 (1.2) outdoor safety hazards. A listed safety hazard exists that is also a certification violation. Materials labeled "keep out of reach of children" are not locked, including medicines and cleaning materials. 	Many of the hazards listed are also addressed in PA DHS Certification regulations.
			Spaces for gross motor play are expected to be safe. Scoring is based on the ERS author's Playground Guidelines. For poured or installed foam or rubber surfaces, the materials must meet the ASTM F1292 requirements, which can be verified through a written statement from the manufacturer.	www.ersi.info (Playground Guidelines) "Playground Information to Use with the Environment Rating Scales (revised 10-3-13)"
#16 Active Physical Play	1.1, 1.2, 3.3, and 5.5	Expects that the appropriate outdoor and indoor space and/or equipment/materials must be safe for infants and toddlers.	Spaces for gross motor play are expected to be safe. Scoring is based on the ERS author's Playground Guidelines. For poured or installed foam or rubber surfaces, the materials must meet the ASTM F1292 requirements, which can be verified through a written statement from the manufacturer.	www.ersi.info (Playground Guidelines) "Playground Information to Use with the Environment Rating Scales (revised 10-3-13)"

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	3.2 and 5.1	Expects outdoor play and references the terminology "except in very bad weather."	Children are expected to go outside when the forecast temperature/wind chill are above 25 degrees, the forecast temperature/heat index is less than 90 degrees, there is no precipitation falling, and there is no current air quality alert. It is understood that given these parameters there may be portions of some days that do not meet the conditions of weather permitting since forecasts are generally targeted to a point in time in the day.	This term is also referenced in PA DHS Certification regulations for centers and group day care homes. It relates to children's opportunities to engage in outside play and activities. However, there is no definition in PA DHS Certification regulations of what constitutes weather permitting. Caring for Our Children Standards state that children should play outdoors unless weather poses a significant risk and includes wind chill at or below 15 degrees, heat index above 90 degrees and/or an air quality alerts exist.
#17 Art	1.2, 3.2	Expects that toxic or unsafe materials are not used.	Materials labeled "Keep out of the reach of children" shall not be used with infants and toddlers. Age recommendations from the manufacturer must be followed.	The following Certification regulations override the Authors' notes that materials labeled "Not recommended for children under three" may

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				be used under strict supervision.
				3270.21: Conditions at the facility may not pose a threat to the health or safety of the children.
				3270.101(a), states: Play equipment and materials appropriate to the developmental needs, individual interests and ages of the children shall be provided in sufficient amount and variety to preclude long waits for use
				3270.103 states: Toys and objects with a diameter of less than 1 inch, objects with removable parts that have a diameter of less than 1 inch, plastic bags and Styrofoam objects may not be accessible to children who are still

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				placing objects in their mouths.
#22 Nature/ science	5.1	Expects outdoor experiences with nature at least two times a week year round "weather permitting."	Children are expected to go outside when the forecast temperature/wind chill are above 25 degrees, the forecast temperature/heat index is less than 90 degrees, there is no precipitation falling, and there is no current air quality alert. It is understood that given these parameters there may be portions of some days that do not meet the conditions of weather permitting since forecasts are generally targeted to a point in time in the day.	This term is also referenced in PA DHS Certification regulations for centers and group day care homes. It relates to children's opportunities to engage in outside play and activities. However, there is no definition in PA DHS Certification regulations of what constitutes weather permitting. Caring for Our Children Standards state that children should play outdoors unless weather poses a significant risk and includes wind chill at or below 15 degrees, heat index above 90 degrees and/or an air quality alerts exist.
#25 Supervision of play and learning	1.1	Assesses the adequacy of supervision indoors and outdoors.	All classrooms operated by the facility are expected to meet DHS ratios regardless of licensure, including those not certified under DHS or dually certified (such as, but not limited to, Department of Education, Federal Head Start, and Nursery school classrooms).	

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#29 Schedule	5.2	Expects outdoor activities daily "weather permitting."	Children are expected to go outside when the forecast temperature/wind chill are above 25 degrees, the forecast temperature/heat index is less than 90 degrees, there is no precipitation falling, and there is no current air quality alert. It is understood that given these parameters there may be portions of some days that do not meet the conditions of weather permitting since forecasts are generally targeted to a point in time in the day.	This term is also referenced in PA DHS Certification regulations for centers and group day care homes. It relates to children's opportunities to engage in outside play and activities. However, there is no definition in PA DHS Certification regulations of what constitutes weather permitting. Caring for Our Children Standards state that children should play outdoors unless weather poses a significant risk and includes wind chill at or below 15 degrees, heat index above 90 degrees and/or an air quality alerts exist.
#30 Free play	3.1 and 5.1	Expects outdoor free play daily "weather permitting"	Children are expected to go outside when the forecast temperature/wind chill are above 25 degrees, the forecast temperature/heat index is less than 90 degrees, there is no precipitation falling, and there is no current air quality alert. It is understood that given these parameters there may be portions of	This term is also referenced in PA DHS Certification regulations for centers and group day care homes. It relates to

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			some days that do not meet the conditions of weather permitting since forecasts are generally targeted to a point in time in the day.	children's opportunities to engage in outside play and activities. However, there is no definition in PA DHS Certification regulations of what constitutes weather permitting. Caring for Our Children Standards state that children should play outdoors unless weather poses a significant risk and includes wind chill at or below 15 degrees, heat index above 90 degrees and/or an air quality alerts exist.
# 32 Provisions for children with disabilities	Item Scoring	Item notes for clarification indicate that the item is scored only if there is a child in the group with an identified and diagnosed disability.	This item will be assessed if at least one enrolled child has an IFSP or an IEP. If there are no children with an IFSP or an IEP, the item will be scored NA.	
#35 Provisions for	3.1	Expects that staff have convenient access to a phone.	The accessible phone must be on the same floor as the classroom. Private cell phones of staff cannot be considered as meeting the expectations of these indicators.	

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professional needs of staff				
#39 Opportunities for professional growth	3.3	Expects that each staff person must attend a staff meeting at least twice a year	Each staff person must participate in a staff meeting at least monthly.	Keystone STARS Staff Communication and Support Standard at STAR 2: Each staff person must participate in a staff meeting at least once per month. Staff meeting must include discussions of quality and its impact on the Learning Program.
	5.1	Expects thorough new staff orientation.	To score "yes", the orientation must be in accordance with the Keystone Star Standards for staff orientation at STAR 2, Staff Qualifications.	Keystone STARS Standards
	5.3	Expects monthly staff meetings to include staff development activities	All staff must participate in monthly staff meetings. Meetings must include topics related to child development.	Keystone STARS Staff Communication and Support Standard at STAR 2: Each staff person must participate in a staff meeting at least once per month. Staff meeting must include discussions of quality and its impact on the Learning Program.

Pennsylvania Early Learning Keys and the comparison of the compari

Changing Diapers, Pull-ups and Soiled Underwear

The following guidelines are for use in child care centers, group homes and family day care homes where diapering and toilet training occurs. The ERS Authors, *Caring for Our Children 3rd Edition Standards*, DHS Certification Regulations and ECELS guidance were used in the creation of this document.

 Adult washes their hands. (Only if prior to changing the diaper, pull up or underwear its 'Checked' by reaching into it to see if a change is needed) Gather all supplies for the diaper change and place on or near the changing surface associate the contaminated area. (Enough wipes for the process removed from container, clean diaper, a plastic for solied clothing if needed) if used: Paper liner (large enough to stand on and told over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on a fold over if needed). (Bused: Paper liner (large enough to stand on antipate in a plastic bag to send home. Unfasten diaper leave the child unstended on a chaning table on only one swipe. Use a wipe to remove soil from your hands and throw it in the trash can. Use another wipe to remove soil from the child's hands and throw it in the trash can. Use another wipe to remove soil from the child's hands and throw the the for diaper rumanil fneeded and reade such child's bands and throw the the sol can. If gloves were used discard them at this line in the trash can. If paper liner was used, check for soil under the child and fold paper up from the child's bands and throw it in the trash can. Puto o		Soiled/Wet Diapers*		Soiled/Wet Pull-ups and Underwear*
If a change is needed) 2. Gather supplies for the change transmission of the change process and place on or near the change surface outside the contaminated area. (Enough wipes for the process removed from container, clean diaper, plastic tor solide clothing, and clean clothes in feeded). 2. Gather supplies for the change process and place on or near the change surface outside the contaminated area. (Enough wipes for the process removed from container, clean diaper, clean clothes and a plastic bage on or solide clothing, and clean clothes in the dead). Place the child on the changing table and remove clothing to stand on and fold over if needed), disposable gloves. 3. Consider whether to change the child's host and place his due to solid diaper or directly into a lined, hands-free covered trash can. Use each wipe for only one swipe. 3. Consider whether to change the child's glows. 5. Uses wipes to clean child's bottom from front to back and place the solied area or directly into a lined, hands-free covered trash can. Use each wipe for only one swipe. 4. If using paper liner, have child stand on paper. 6. Fold the solled surface of the diaper inward over the used wipes and place the solued area. If gloves were used discard them at this time into the same trash can. 7. Use a wipe to remove soil from your hands and trow it in the trash can. 7. Use a wipe to remove soil from your hands and trow it in the trash can. 7. If paper liner was used, check for soil under the dued and referes the child's hands and trow it in the trash can. 7. Use a wipe to remove soil from your whands and trow it in the trash can. 8. If paper liner was used, check for soil under the group without touching other surfac's feet	1		r pi	
 Gather all supplies for the diaper change and place on or near the changing surface above the child's flough wipes for the process removed from container, plastic for solied clothing, and clean clothes if needed) [f used: disposable gloves, do id aper cream on disposable towel, changing table paper (enough to reach from child's shoulders to their feet) Place the child on the changing table and remove clothing to access diaper keeping the clothing out of the contaminated area. Never leave the child unattended on a changing table or countertop. If clothing is solied place in a plastic bag to send home. Understen diaper leaving it under the child. Sole and the solled diaper or directly into a lined, hands- free covered trash can. Use each wipe for only one swipe. Fold the solled diaper or directly into a lined, hands-free covered trash can. If gloves were used discard them at this time into the same trash can. Use a wipe to remove soll from your hands and throw it in the trash can. Use another wipe to remove soll from the child's hands and return then to the group without touching other surfaces. Store bagged, solled clothing for parent in an area inaccessible to children. Use a wipe to remove soll from the the child's hands and throw it in the trash can. Put on the clean diaper and time the ther child's hands and return then to the group without touching other surfaces. Store bagged, solled clothing for parents in an area inaccessible to children. Masis the child's hands and return then the ther form changing table and disfrect the surface with bleach/water solution on a EPA approved product according to directions. Mub hands stogether away from water for 20 seconds a. Rinse hands. Record the change in the child's log. Hand Washing Procedure: Mub kands together away from water for 20 seconds a. Rinse hands. free of soop under running water Mub kands together a	1.			
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 plastic for solled clothing, and clean clothes if needed) <u>if</u> clean pull up or underwear, clean clothes and a plastic bag for solled clothing if needed). <u>If used</u>: Paper liner (large enough to stand on and fold over if needed). disposable gloves area. Never leave the child unstended on a changing table or contertop. If clothing is solled place in a plastic bag to send home. Unstant diaper leaving it under the child. Unstant diaper leaving it under the child. Unstant diaper leaving it under the child. Is clean have ther mold their shirt up above their walst. Fold the solled diaper or directly into a lined, hands free covered trash can. Use each wipe for only one swipe. Fold the solled surface of the diaper inward over the used discard them at this time into the same trash can. If upser liner was used, check for soil under the child and fold paper up from the child's bottom. Put on the child's bands and throw it in terash can. Put on the child's bands and throw it in terash can. Put on the child's bands and throw it in terash can. Put on the child's bands and throw it in terash can. Mash the child's hands and throw it in terash can. Mash the child's hands and throw it in terash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and throw it in the trash can. Mash the child's hands and true the user (aceu hile's solled child's bottom. Mash the child's hands and throw it in the trash can. Mash the child's hands and true the th				
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*Note: All changes <u>must</u> be completed on a surface that can be disinfected after use. Because changing a child from the floor level or on a chair puts the adult in an awkward position and increases the risk of contamination it is recommended that a changing table be used when possible. (CFOC, 3rd Edition).